

# OHSAA 2024 Girls Lacrosse Exam

\* Required

1. First Name \*

Enter your answer

2. Last Name \*

Enter your answer

3. Email Address \*

Enter your answer

4. OHSAA Permit Number \*

Enter your answer

5. Following the ball on a deflected shot, two opposing players race to gain possession. Blue and White players' bodies are equal distance from the ball as it approaches the end line. Blue extends the crosse nearer to the ball as it goes out of bounds. Possession is awarded to: (1 Point)

- The team awarded alternate possession.
- The Blue team.
- The player from the team that shot is awarded the ball.
- The player whose body is closer to the line when the ball goes out of bounds is awarded the ball.

6. The attack shoots and scores a goal. The official immediately realizes that the attack is offside. What is the proper penalty administration? (1 Point)

- No goal and the defender goes to the 8-meter closest to the spot of the foul and commences play on a whistle start.
- No goal and the defender goes to the dot on a whistle start with the shooter 4 meters behind.
- No goal and the goalkeeper will be awarded a free position with the shooter 4 meters behind.
- Score the goal and administer the draw at the center circle.

7. When the ball crosses the restraining line and is outside the 12-meter fan, Blue attack is offside. The official blows the whistle and signals time-out. What is the free position set-up? (1 Point)

- Correct offside. Award a free position to a White player at the 8-meter arc and place a Blue player 4 meters behind. Self-start.
- Correct offside. Award a free position to a White player at the top of the 12-meter fan and place Blue player 4 meters behind. Whistle start.
- Correct offside. Award a free position at the spot of the ball to the closest White player. The Blue player who had the ball will go 4 meters behind. Whistle start.

- Correct offside. Award a free position to a White player at the closest dot and place a Blue player 4 meters behind. Self-start.

8. The scorer's/timer's table can be set up: (1 Point)

- In the press box.
- At midfield, 4 meters from the playing field on the team bench side.
- At midfield, 2 meters from the playing field on the team bench side.
- At midfield, 5 meters from the playing field on the opposite side of the team benches.

9. The Blue goalkeeper makes a save and gains possession of the ball with one foot touching the goal circle line and one foot outside of the circle. Red No. 4 approaches the goalkeeper. The goalkeeper steps back into the goal circle. What should the official do? (1 Point)

- Red No. 4 is awarded the ball at the 8-meter center hash. The goalkeeper remains in the goal circle.
- Red No. 4 is awarded the ball 8 meters away from the goal circle on the goal line extended. The goalkeeper remains in the goal circle.
- Red No. 4 is awarded the ball at the nearest dot. All other players are moved 4 meters away. The goalkeeper remains in the goal circle. Allow play to continue. Begin the 10-second count.
- Allow play to continue. Begin the 10-second count.

10. The proper procedure for a crosse inspection includes: (1 Point)

- Observe that the top of the ball remains above the top of the sidewall after the ball has been dropped into the front and back of the pocket on a horizontally held crosse.

- Ensure that the ball moves freely within all parts of the head and pocket on the front of the pocket, including when the stick and head are tilted 90 degrees.
- Ensure that the ball rolls out of the back of the pocket when placed in the upper third of the head at its widest point and the stick and head are tilted at 90 degrees.
- All of the above.

11. Which of the following is true for field players wearing compression shirts? (1 Point)

- They must meet NOCSAE ND200 lacrosse standard.
- They must be worn under the uniform top.
- They do not have to match the uniform top.
- All of the above

12. Blue #1 is defending White #4 who has the ball outside the critical scoring area and below goal line extended when Blue # 2 is called for three seconds. The official should: (1 Point)

- Whistle. Move White #4 to the dot closest to the spot of the ball. Move Blue #2 four-meters behind White No. 4 and whistle start.
- Whistle. Leave White #4 at the spot of the ball when the whistle was blown. Move Blue #1 four-meters behind White #4 and whistle start.
- Allow play to continue, the three-second violation is not impacting the play on White #4.
- Whistle. Leave White #4 at the spot outside the critical scoring area when the whistle was blown. Move Blue No. 2 four-meters behind White #4 and White may self-start.

13. What is the criteria for Dangerous Propelling (Mandatory Card)? (1 Point)

- Shooting without control at the goalkeeper while in the goal circle.
- Propelling the ball with the crosse in a dangerous and uncontrolled manner at any time.
- A shot, throw, bat or flick of the ball without regard to the positioning of a field player.
- Both B & C

14. If the defense is offside and the ball is inside the critical scoring area and above the goal line extended when the violation is called, where will the attack be awarded a free position? (1 Point)

- The dot closest to play.
- Center of the 8-meter arc.
- Center of the 12-meter fan.
- At the center circle.

15. What is the penalty for the following scenario: Blue No. 12 attempts a pass across the field to a teammate. The teammate misses the pass and plays it off the body to prevent the ball from going out of bounds. The closest defensive player is 10 yards away from the play. (1 Point)

- Minor foul for a body ball on Blue, any player from White may pick up the ball to restart play.
- Warning for a body ball on Blue.
- Allow play to continue since White defensive player is not near the ball.
- Major foul for a body ball on Blue.

16. After a draw and before possession is determined, the whistle is blown for an early entry violation at the restraining line by Red No. 1. How is play restarted? (1 Point)

- The ball goes back to the center and the Blue team may self-start or wait until the Red center goes 4 meters away and then self-start.
- A redraw is taken.
- Play is restarted within 4 meters of the spot of the ball at the time of the foul. The offender and all other players must move 4 meters away. The Blue player may self-start.
- Play is restarted at the spot of the ball and all players must move 4 meters away. The official must restart play with a whistle.

17. The Blue team is playing with 10 players. One player has left the field to change a uniform that has blood on it. Another player is in the penalty area serving a two-minute penalty. What is legal player positioning for the Blue team when the Blue team has the ball in its offensive end? (1 Point)

- The Blue team must maintain seven players below the restraining line in its offensive end of the field at all times.
- The Blue team must maintain four players above the restraining line in its offensive end of the field and the player changing their uniform may come in at any time and cross over the restraining line.
- The Blue team may only allow six players below the restraining line until the player serving the penalty is released.
- The Blue team must complete a substitution for the player changing jerseys.

18. With 1:46 left in the third quarter the score is 10-2. Following a whistle blown for a foul outside of the critical scoring area, how does the player who is awarded the free position restart play? (1 Point)

- The player may continue the course of play without waiting for an additional whistle.

- The player must wait for proper set-up by the official with a whistle restart. Clock stops.
- The player will restart play at the spot of the ball with a whistle to restart play. Clock stops.
- The player will restart play within 4 meters of the foul and must wait for the whistle.

19. A stick check request may be made: (1 Point)

- Any time during the game when the clock is stopped.
- At any time during the game at the official's discretion.
- Immediately following a goal.
- All of the above.

20. With 1:57 left at the end of the first quarter, a foul is committed by the offense inside the 8-meter arc. How should play be restarted? (1 Point)

- The player fouled is awarded the ball at the closest hash mark to the foul, the offender must move behind, and all players must move 4 meters away. Play is resumed with a whistle restart.
- Stop Clock. The player fouled is awarded the ball at the closest hash mark to the foul, the offender must move behind, and all players must move 4 meters away. Play is resumed with a whistle restart.
- The player fouled is awarded the free position at the spot of the foul and may self-start and all other players 4 meters away.
- Stop Clock. The player fouled picks up the ball and waits for the whistle restart while the official directs the offender to go behind and all players 4 meters away.

21. If the player receiving the yellow card is the goalkeeper and there is no other "dressed" goalkeeper on the team: (1 Point)

- The goalkeeper must remain in the game.
- The team's coach must designate another player who must leave the field and enter the penalty area for two minutes of elapsed playing time.
- The carded goalkeeper must leave the field and enter the penalty area for the two minutes of elapsed playing time.
- Both A & B

22. The \_\_\_\_\_ is/are responsible for the proper setup of the field. (1 Point)

- Host school
- Game officials
- Visiting team
- None of the above

23. During the game, a player on the Blue Team becomes ill and cannot continue to play and the team only has 12 players. What is the correct procedure? (1 Point)

- The coach asks to suspend the game until the team can field 12 players.
- The Blue Team finishes the game with 11 players.
- The official stops play and requires the opposing team to play with 11 players.
- The official suspends the game.

24. The Blue team is called for offside when the ball is outside the CSA and the clock is stopped. The White Team player awarded the ball starts before the whistle. What should the official do?

(1 Point)



- Whistle for false start. Award the ball to the Blue team. White is 4m behind. Whistle start.
- Whistle for false start. Award the ball to the Blue team. White is 4m behind. Self start.
- Reset the free position without penalty.
- Offsetting fouls. Alternate possession.

25. A ball is considered played only when: (1 Point)

- It leaves a player's crosse and is touched by another player's crosse, or the player's crosse is checked by an opponent and the player maintains possession of the ball, or play is stopped due to a foul by an opponent.
- It leaves a player's crosse and is touched by another player, or crosse is checked crosse to crosse by an opposing player; the ball has to be successfully dislodged from crosse.
- Legal stick-to-body contact occurs between an opponent and the goalkeeper outside the goal circle.
- The ball clears from the goal circle and makes contact with the ground.

26. Red No. 9 is running at full pace down the field and is fouled in the midfield. The player fouled: (1 Point)

- Shall return to the spot of the foul and may self-start with the defender 4 meters behind.
- May continue play without stopping.
- Shall return to within 4 meters of the spot of the foul and start on a whistle.
- After coming to a stop, may continue the course of play within 4 meters of the spot of the foul with the offender moving 4 meters from the player taking the free position.

27. Any player receiving a second yellow card: (1 Point)

- Is suspended from further participation in that game and must leave the field and enter the penalty area for two minutes of elapsed playing time with no substitute taking the offending player's place during that two-minute period.
- Is suspended from further participation in that game and the following game.
- Must enter the penalty area for four minutes of elapsed playing time.
- Is suspended from further participation in that game and the team must play a player down for the duration of the game.

28. Green No. 8 is defending White No. 4 who has the ball outside the critical scoring area and above goal line extended when Green No. 9 is called for three seconds. The official should: (1 Point)

- Whistle. Move White No. 4 to the 12-meter fan closest to the spot of the ball. Move Green No. 9 4 meters behind White No. 4 and whistle start.
- Whistle. Leave White No. 4 at the spot outside the critical scoring area when the whistle was blown. Move Green No. 9 4 meters behind White No. 4 and whistle start.
- Allow play to continue, the three-second violation is not impacting the play on White No. 4.
- Whistle. Leave White No. 4 at the spot outside the critical scoring area when the whistle was blown. Move Green No. 9 4 meters behind White No. 4 and White may self-start.

29. Which of the following is considered proper goalie equipment? (1 Point)

- Separate throat protector.
- Shorts or pants with integrated protective padding.
- Tooth and mouth protector.
- All of the above.

30. If the ball goes directly out of bounds from a legal draw without anyone touching it, how is play restarted? (1 Point)

- The ball is given to the closest team to the boundary where the ball went out.
- Administer the Alternate Possession to the appropriate team at the center.
- Bring the ball back to the center and administer a redraw.
- Give it to the appropriate team for alternate possession 4 meters inside the boundary.

31. Which of the following is allowed during the game? (1 Point)

- Asking for a stick check during an injury time-out.
- Asking for a time-out in the second overtime period when the team used a time-out during the first overtime period.
- Coaches coaching their teams during an injury time-out.
- Asking for a stick check when the official's hand is in contact with both centers' sticks.

32. The maximum regulation playing time is: (1 Point)

- Two 25-minute halves.
- Four 12-minute quarters.
- Four 15-minute quarters.
- Four 12.5-minute quarters.

33. The score is 12-1 with 5 minutes left in the fourth quarter. The clock shall be stopped for which of the following: (1 Point)

- The issuance of a card.
- An inadvertent whistle.
- A foul in the critical scoring area by the attack.
- Offside.

34. Which of the following can be worn during play? (1 Point)

- Hair ties around the wrist.
- Stud/post earrings.
- Helmets approved for boys lacrosse that do not have an attached throat protector.
- None of the above.

35. Following a whistle blown for a foul outside of the critical scoring area, where shall the player commence play? (1 Point)

- Anywhere the player wants.
- Within 4 meters of the spot of the foul.
- Within 4 meters of the spot of the foul but not within the critical scoring area.
- None of the above.

36. A defender runs through the goal circle in an attempt to pick up an offensive player. What is the penalty administration? (1 Point)

- No penalty for legal defensive play. Play continues.
- A free position is awarded to the offense at the closest dot. The offending player goes 4 meters behind. Play will commence on a whistle start.
- A free position is awarded to the offense at the center of the 12-meter, with the offending player 4 meters behind.
- Play will commence at the dot with the offending player 4 meters behind. Play will commence on a self-start.

37. A carded player or replacement player re-enters the game before the penalty time has elapsed. The player who: (1 Point)

- Entered early will be removed and can re-enter once the card has expired.
- Entered early will be given an additional card and must sit for the subsequent amount of time.
- Originally received the penalty will serve the remaining penalty and an additional penalty, and no substitute may take the carded player's place.
- Originally received the penalty will serve the remaining penalty and the player who entered early will serve an additional penalty. No substitute may take either player's place.

38. Blue No. 5 shoots on goal and the ball goes wide. The White goalkeeper is closest to the ball when the ball goes out of bounds. How does play restart? (1 Point)

- The ball is given to the White goalkeeper in the goal circle. Whistle start.
- Any White player can start with the ball at the closest dot. Whistle start.
- Any White player can bring the ball in bounds closest to where the ball went out of bounds and self-start.

All of the above are legal options for the White Team to resume play.

39. A game is considered legal and complete if: (1 Point)

80 percent of playing time has elapsed.

75 percent of playing time has elapsed.

Both coaches agree that enough time has elapsed.

100 percent of playing time has elapsed.

40. Which of the following are Delay of Game situations? (1 Point)

Repeated self-start from beyond the playing distance or when self-start is not allowed.

Any type of behavior which in the official's opinion amounts to delay.

Failure to move 4 meters away on a free position.

All of the above.

41. What is considered proper stick positioning by the defense? (1 Point)

A stick held vertically with the head of the stick above the 10 o'clock and 2 o'clock positions.

A stick placed on the body of the opponent that is held vertically and used to push or displace the opponent.

A stick held in the horizontal position that makes contact with the opponent.

A and B only.

42. Defense is awarded a free position for an offensive foul within the critical scoring area, above the goal line extended, and inside the 8-meter arc. Defense picks up the ball and runs out of the critical scoring area toward the player's offensive end of the field. The official shall: (1 Point)

Reset the free position, reminding the ball carrier to wait for the whistle.

Blow the whistle for a false start and award the ball to the offense on the closest 8-meter hash mark, clearing the penalty zone. Whistle start.

Allow play to continue without whistle.

Award an offsetting foul on the dot, as the offense had fouled, and now the opposing team has false started.

43. The ball is outside the critical scoring area and below the goal line extended when the whistle is blown for a three- second violation. Where will play be restarted? (1 Point)

Restart play at the spot of the ball and place the offender 4 meters behind.

Restart play at the closest hash mark on the 8-meter arc and place the offender 4 meters behind.

Restart play at the 12-meter fan and place the offender 4 meters behind.

Restart play at the closest dot and place the offender 4 meters behind.

44. Tooth and mouth protectors shall: (1 Point)

Include an occlusal (protecting and separating the biting surfaces) portion.

Include a labial (protecting the teeth and supporting structures) portion.

Cover the posterior teeth with adequate thickness.

All of the above.

45. Two players commit offsetting fouls. Red No. 10 commits a major foul with a card issued, while Blue No. 12 commits a minor foul with no issued card. Who is given possession of the ball? (1 Point)

The team that receives the possession on alternating possession.

Blue No. 12 is awarded a free position and will restart play on the official's whistle.

The non-carded player will take the ball at the dot on a whistle.

Whoever the official decides.

46. To resume play when the ball goes out of bounds, any player from the team awarded possession: (1 Point)

May pass the ball to a teammate from out of bounds.

Shall bring the ball in bounds and restart play with a self-start.

Shall bring the ball in bounds and restart play on the whistle.

All of the above.

47. A scoring play is a continuous effort by the attacking team to move the ball toward the goal and to complete a shot on goal. The scoring play is over when: (1 Point)

A shot is taken.

The attacking team loses possession of the ball, or passes or carries the ball behind the level of the goal line and stops the continuous attempt to score.



- The attacking team stops the continuous attempt to score or the player with the ball is forced by the defense to lose forward momentum.
- All of the above.

48. The official is ready for the draw and has placed a hand on both centers' sticks. The Red Team coach realizes they only have two players on the draw circle and motions for a player to come across the restraining line. Once the player crosses the line, the official shall: (1 Point)

- Take no action as the player legally crossed the restraining line.
- Issue a green card for illegal procedure.
- Blow a whistle for early entry on the draw and award a free position to the opposing team.
- Issue a warning to the team and the team will be penalized on the next occurrence.

49. The white team goalkeeper has padding wrapped on their legs with shorts over the pads. What shall the official(s) do?  
(1 Point)

- This is legal. Allow the GK to play.
- The goalkeeper's pads are not integral to the shorts and they may not play.
- If found during play, they may stay in the game.
- If found during play, they may change without penalty

50. What is Illegal Stick to Body Contact? (1 Point)

- Intentional contact determined to be cross to body.
- A stick held in a horizontal position that makes contact with an opponent's body.

- A cross-check, a thrust, jab or push that displaces the opponent's body.
- All of the above.

51. Which of the following cannot be worn during play? (1 Point)

- Necklaces that memorialize a fallen teammate.
- Medic-alert medals when they are taped to the body.
- Barrettes and other hair adornments provided they are securely fastened.
- Head coverings that are worn for religious or cosmetic reasons, provided they are non-abrasive and soft.

52. Which of the following are mandatory cards? (1 Point)

- Slash
- Dangerous Contact
- Check to the Head
- All of the above.

53. What area is described as the critical scoring area? (1 Point)

- Eight meters in front of the goal circle to the end line and 8 meters to each side of the goal circle.
- Eight meters in front of the goal circle to the end line and 12 meters to each side of the goal circle.

- Twelve meters in front of the goal circle to the end line and 12 meters to each side of the goal circle.
- Twelve meters in front of the goal circle to the end line and 8 meters to each side of the goal circle.

54. Following a minor foul in the 12-meter fan, Blue No. 20 is awarded an indirect free position on the fan and all other players are positioned 4 meters away. Blue No. 20 runs behind the goal circle, untouched, wraps the goal circle and shoots on goal. The official blows the whistle for a foul. What is this foul and how is this penalty administered? (1 Point)

- Goal circle foul - the ball is given to the goalkeeper and Blue No. 20 is placed 4 meters behind the goal circle. Self- start.
- Goal circle foul - because Blue No. 20 went below the goal line extended, the ball will be awarded to the defender closest to the dot. Blue No. 20 will be placed 4 meters behind the ball. Whistle start.
- Illegal shot - the ball is given to the closest defender on the spot of the foul but no closer than 8 meters from the goal circle. Blue No. 20 shall move 4 meters behind the player with the ball.
- There is no foul because the ball carrier went behind the goal circle which negates the indirect free position.

Never give out your password. [Report abuse](#)



This content is created by the owner of the form. The data you submit will be sent to the form owner. Microsoft is not responsible for the privacy or security practices of its customers, including those of this form owner. Never give out your password.

Microsoft Forms | AI-Powered surveys, quizzes and polls [Create my own form](#)

The owner of this form has not provided a privacy statement as to how they will use your response data. Do not provide personal or sensitive information. | [Terms of use](#)